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CYSS EDGE! completes
one year of fitness
programs

Civilian Fitness program
gives employees chance
to workout during duty
day, assessments begin
Sept. 16



Voices heard:

(From left) Spc. Shavanna Jackson, Staff Sgt. Ebony Spann and Staff Sgt. Melina Gardner were among the volunteers who reenacted the 1970 Women's Strike for Equality as part of the Women's Equality Day celebration at the Soldiers' Theatre Aug. 26. More than 20,000 women gathered for the 1970 protest in New York City and throughout the country and it was the largest gathering on behalf of women in the United States. The strike celebrated the anniversary of the passing of the Nineteenth Amendment which gave women the right to vote, a 90-year-old achievement this year. The Aug. 26 reenactment and other Equality Day events were sponsored by the installation's Equal Opportunity Office.

Photo by Laura Kreider

Women may have female version of Army Combat Uniform by 2014

By ALEXANDRA HEMMERLY-BROWN
Army News Service



Photo courtesy of PEO Soldier

The women's Army Combat Uniform, shown here, features more room in the hips and legs, re-positioned rank and nametapes, and a more tailored jacket to better accommodate a woman's shape. About 600 female Soldiers are slotted to receive the uniform for a user evaluation starting in January.

Female Soldiers may be wearing a more form-fitting version of the Army Combat Uniform featuring more room in the hips and legs by 2014, according to developers at Program Executive Office Soldier.

PEO Soldier, which develops and tests new equipment for the Army, has been interested in creating a version of the ACU more suited to a woman's body since 2005. After listening to focus groups of female Soldiers in 2008, PEO Soldier learned some features of the ACU bother women: oversized shoulder seams, baggy overall shape, and its non-curve-friendly fit.

"Women have so many different shapes and sizes, we're not as 'straight' as men are," said Maj. Sequana Robinson, assistant product manager for uniforms at PEO Soldier, who is currently testing one of the female-only ACUs.

Robinson admitted that when she first heard of the new test uniform, she doubted the need for a female fit.

"Once I put the uniform on, I immediately loved it," she said. "The first thing I did when I tried on the uniform was to lift my knees up and squat because I don't want something hugging or showing the contour of my body ...

it has even more room than I thought."

Changes being evaluated in PEO's re-designed uniform include 13 sizes in both the jacket and trousers, an elastic waistband, a more spacious hip area, a shortened crotch length, a more tailored jacket, and re-positioned rank and name tapes.

About 500 women were measured to determine needed adjustments, and 600 female

Soldiers are slotted to receive the uniform for a user evaluation starting in January 2011, explained Kelly Fratelli, the project engineer responsible for the women's ACU.

Once the uniform has been evaluated, it will need to be approved by the Army Uniform Board before being issued to troops.

Martin Fadden, a uniforms assistant product manager at PEO Soldier

said women in the Army are sometimes hesitant to complain because they don't want to stand out or be seen as different.

"Female Soldiers just want to blend in," Fadden said, but noted that he thinks the uniform will be a hit. "I think, based on what we've seen the new uniform will improve morale."

Robinson agreed: "I think the initial reaction would be 'we don't need it,' but once you try it on you'll see it makes a world of difference. I think all female Soldiers will be very pleased and proud to wear this uniform."

Women have so many different shapes and sizes; we're not as straight as men are. Once I put the (female-only) uniform on, I loved it.

Maj. Sequana Robinson
Program Executive Officer Soldier

Community invited to Marino memorial mass

This letter was submitted by the family of Dr. Paul F. Marino.

Dr. Paul F. Marino with his friendly and cheerful smile has been a familiar face for many members of the Vicenza Community. In 1982 he was assigned for three years to the 47th Hospital in Vicenza as a staff pediatrician.

Marino was born in New York, N.Y., January 18, 1945. Upon completion of his pediatric residency at Northshore-Cornell in Massachusetts, N.Y., he served in the U.S. Army from July 1978 until his August 1995 retirement.

As a civilian developmental pediatrician and chief of Educational Developmental Intervention Services, he rejoined the U.S. military community in Vicenza from 1996 to 2005. Following the restructuring of the hospital system and due to health concerns, he went into full retirement after 27 years of service.

While visiting Florence, Italy, his journey on this

earth ended unexpectedly and prematurely on July 6. Truly dedicated to his family, patients, colleagues and friends, he will be deeply missed. For his unselfishness kindness and concern for others, it has been said of him that "he only knew how to make himself loved."

He is survived by his wife Maria Marino and daughter Chiara Muzic.

A memorial mass will be held at the post chapel Sept. 16 at 3 p.m. In lieu of flowers, friends can give to the Dr. Paul F. Marino Donation Fund established at Global Credit Union in his behalf.

Donations can be made at the credit union's Vicenza branch (Acct# 802104-0000.0004). Deposits by check can be mailed to Global Credit Union, Unit 31401 Box 23, APO AE 09630-0023. The proceeds will go to the Reach Out and Read charity for the Pediatrics Department of the U.S. Army Health Center Vicenza. For information about the charity, visit <http://www.reachoutandread.org/>.



Dr. Paul F. Marino passed away unexpectedly July 6. U.S. Army in Vicenza military community members are invited to his Sept. 16 memorial mass at the post chapel.

Courtesy photo

American Forces Network South welcomes new commander

AFN South news release

American Forces Network South, held a change of command ceremony at the Luna Bubble on Caserma Ederle Tuesday.

Interim Commander Maj. Juan Suero, who had been in command since May 27, relinquished command of AFN South to Lt. Col. Clarence Counts Jr.

"I'm extremely proud of the Soldiers, families, and civilian employees serving the network and the USAG Vicenza community," Suero said. "Not only of their hard work and professional

conduct during the preparation for this ceremony, but also of their exceptional performance over the course of these past few months during a period of organizational transition."

AFN Europe Commander Col. Bill Bigelow was the reviewing officer during the ceremony.

Counts has served 20 years in the Army and has deployed in support of



Lt. Col. Clarence Counts Jr.

operations in Guantanamo Bay, Kosovo, Iraq and Afghanistan. During the past 10 years he has served in a variety of public affairs assignments including team leader, 22nd Mobile Public Affairs Detachment; network operations officer, American Forces Network -Europe in Frankfurt / Mannheim, Germany; and as the primary public affairs officer for 7th Special Forces Group, U.S. Army Special Forces Command and the 82nd Airborne Division at Fort Bragg, N.C.

Most recently, Counts served 13 months as the director of public affairs for Combined Joint Task Force -82,

Operation Enduring Freedom in eastern Afghanistan, returning to Fort Bragg in June.

"I'm excited to serve with the Soldiers, Sailors and Airmen of AFN-South and look forward to commanding this outstanding organization," Counts said. "Accomplishing our mission and taking care of our great service members and their families will be my top priorities as commander."

Upon relinquishing command, Major Suero returned to his duties as the AFN South director of operations.

ERMC supports Healthcare Benefits Month

ERMC news release

The Europe Regional Medical Command is supporting the U.S. European Command's 2010 Healthcare Benefits Awareness Month with a variety of community outreach events throughout September.

Healthcare Benefits Awareness Month is an annual EUCOM-wide, joint-

service initiative that began in 2006 to inform beneficiaries about their health care benefits. During September, representatives from each Army health clinic will be available to discuss benefit and medical services information at community events, radio talk shows, town halls and other public venues. Information about the new TRICARE Overseas Program contract that began

Wednesday will also be available in each clinic, or visit <http://www.tricare.mil/TOPcontract/>.

USAG Vicenza's health care benefits community event is set at Vicenza Sept. 10 from 11 a.m.-4 p.m. A benefits info table will be set up at the clinic during the Super Sign-Up Fair from 8:30 a.m.-1:30 p.m. at the fitness center Wednesday.

Visit <http://ermc.amedd.army.mil>.

Speak Out

What are you looking forward to at the start of the new school year?



Danielle Ellis
11th Grade

"I am looking forward to meeting new students and playing volleyball."



Caleb Hughes
10th Grade

"I am looking forward to learning new and interesting things."



Fabien Jimenez
8th Grade

"To seeing all of my friends in a new school."



Adrian Kabonick
College Freshman

"Meeting new people and experiencing new things."



Quinton Wieber
7th Grade

"To learn better in math and other subjects."

2010 survey helps improve garrison services

Customer Service Office

Courteous customer service is something that can quickly change an individual's opinion and can often be more important than other factors in determining the overall satisfaction level associated with their experience.

If you are dining out and experience a delay in getting your food but the waiter is friendly and informative and the food is decent you are likely to rate your experience more positively than if the waiter was rude, neglectful or did not explain the delay.

The waiter's behavior is one aspect of service. Having someone politely, patiently, and accurately explain the process to get your household goods shipped is another example of service. HQ IMCOM cares about service and is about to release an online survey that allows you, the customer, to rate garrison services. This annual survey is called the Customer Service Assessment.

The CSA survey opened Monday and will run through Sept. 26 at www.mymilitaryvoice.org. Anyone who uses garrison services (family members, civilians, retirees, contractors, Soldiers,

leaders and anyone else who works, lives or plays on this military installation) is eligible to take the survey.

"You only need about 15 minutes to take the survey and provide HQ IMCOM and this garrison your feedback about the importance and performance of their services," said Ruth Cowart, the installation's customer service officer.

"The results help shape the way services are funded and what improvements and changes will be made," she said. "Who better to help make those decisions than the people who use those services? Your voice is important."

Cowart said the survey allows IMCOM to analyze the voice of the customer by constituent groups, by garrison, by region and to identify trends and be proactive in adjusting services to meet customers' needs.

"Help us improve USAG Vicenza services by giving us your feedback," she said. "Take the Customer Service Assessment online."

For more information on the 2010 Customer Service Assessment, contact Cowart at 634-6426 / CIV 0444-71-6426 or via e-mail at ruth.cowart@eur.army.mil.

Get a kit, make a plan, be Army Ready for emergencies

Army Ready news

September is National Preparedness Month. During September, the Army is highlighting Ready Army, a program that encourages Soldiers, civilians, contractors and their families to prepare for all hazards.

"Ready Army is the Army's proactive campaign community members to get a kit, make a plan, and be informed.

To provide the best possible resources, the Army is the first service to partner with the Department of

Homeland Security's national "ready" campaign, expanding the preparedness message to meet the unique needs of our Soldiers and families stationed around the world.

What does the Army have planned?

Installations and organizations across the Army will highlight emergency preparedness training and events in support of National Preparedness Month.

Hurricane season, the anniversary of 9/11 and the current outbreak of H1N1 demonstrates the need for the Army community to be prepared for any

emergency situation. Preparedness strengthens the Army by enhancing overall readiness and increasing the resiliency of Army families; empowering those at home and bringing peace of mind to deployed Soldiers

Emergencies affect hundreds of people every year. One could hit any installation or community and affect you and your family. When emergencies occur, military and civilian organizations respond, but it takes time to mobilize, and they focus on the most critical needs first.

To find out how to prepare an emergency preparedness kit and make a plan, visit www.ready.army.mil.

Know the significant risk factors for suicide? Find out, save a life

USAG Vicenza ASAP

September is Suicide Prevention Month.

Suicide and high risk behavior killed more Soldiers during the year than combat in Afghanistan and Iraq. According to the Army's Health Promotion, Risk Reduction and Suicide Prevention report issued last month there were 1,713 suicide attempts by Soldiers.

Suicide is the third leading cause of death for 15- to 24-year-old Americans. It is also a public health problem that can be prevented through education and public awareness.

An estimated 90 people per day and 32,000 people per year die from suicide attempts with many more individuals attempting suicide, according to the Centers for Disease Control and Prevention.

Research indicates that the two most significant risk factors for suicide are substance abuse and other mental health disorders.

According to SAMHSA, of the 132,500 people who went to the ER for substance-related suicide attempts in 2005, 85 percent were admitted to a hospital or health care facility.

Of those who were tested for the presence of substances, one-third (33 percent) tested positive for alcohol use and one-fifth (20 percent) were associated with illicit drug use.

Over half of all suicides occur in adult men, ages 25-65.

There are an estimated eight to 25 attempted suicides to one completion.

Substance abuse is a risk factor for suicide.

In the last fiscal year, the Army recorded 239 suicides among both active duty Soldiers and reservists. Out of these, 160 were active duty Soldiers. And 146 active duty deaths were attributed to high risk behavior and 74 of those deaths were caused by drug overdoses.

Of 1,038 non-combat Soldier deaths between 2006 and 2009, the report found that 88 percent were due to high-

risk behavior. Of that figure, 46 percent involved drug or alcohol use at the time of death and 20 percent were due to overdose.

How can we work together to help prevent suicide in our community?

Become involved in garrison suicide prevention activities. The public health approach has shown that the most effective way to address public health problems, including suicide, is a comprehensive strategy that seeks to reduce risks and increase resilience in all of the social areas that influence those at risk.

In the community, this should involve those agencies and organizations with influence over these social aspects, as well as those agencies that are charged with responding to suicides and suicide attempts.

These include, but are not limited to, the chaplain, Directorate of Emergency Services, Army Substance Abuse Program, Behavioral Health, Chaplain and Army Community Service.

Suicide Prevention Resources

Chaplains

Military Family Life Consultants
Army Substance Abuse Program
Employee Assistance Program
Army Community Service (ACS)
Behavioral Health/Family Readiness Groups

Military Pathways: 1-877-877-3647 -
www.militarymentalhealth.org
Signs of Suicide Military Program:
<http://www.mentalhealthscreening.org/military/index.aspx>

Chaplains: <http://www.army.mil/info/organization/chaplaincy>
Office of the Chief of Public Affairs:
<https://www.us.army.mil/suite/page/216363>

Wellness Resources for the Military Community www.afterdeployment.org
Real Warriors Campaign: 1-866-966-1020 - www.realwarriors.net

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At your service Vicenza Middle School



Dr. Julio Gonzalez, Ph.D. is the middle school principal for Vicenza Middle School, the first traditional standalone middle school in the DoDDS Mediterranean region. Gonzalez has worked for the Department of Defense Education Activity for more than 25 years in a variety of teaching and administrative positions across the globe, from Fairfax County, Va. and Subic Bay, Philippines to Japan, Spain, the Azores, Portugal and Panama. Known as Dr. G, Gonzalez said he is looking forward to an excellent new year with the students, parents and faculty of VMS. Married to Daisy Mariela, he has two adult daughters, Julie and Jessica. He loves to travel and play tennis, golf and soccer and is a member of Puerto Rico's Olympic and national soccer teams. He can be reached Mon.-Fri., 7:30 a.m.-4:30 p.m., at the middle school, at 634-5701/5708 or julio.gonzalez@eu.dodea.edu.

Community Camera

A snapshot of events making news in and around the U.S. military community in Vicenza...



Putting on the brakes

Staff Sgt. William Delong, operations sergeant with the Provost Marshal's Office, slides into third during an Aug. 25 game against Sticks & Skulls. Delong is a member of HHC USAG V, which squeaked out a victory over Sticks & Skulls 10-9 during the early evening game at the ball field behind the new health center.

Photo by Laura Kreider



Got the shot?

(At left) U.S. Army Africa Commander Maj. Gen. David R. Hogg receives his flu shot from U.S. Army Health Center - Vicenza Commander Col. Kimberly Armstrong at Hogg's office Tuesday morning.

The health center's immunization clinic is open Mon., Tues., Wed. and Fri. from 8-11:30 a.m. and 1-3:30 p.m. on Thursdays. Flu shots are currently only available for children 6-23 months, asthmatic patients and adults over age 50. Beneficiaries and DoD employees can receive flu shots during Wednesday's Super-Sign Up Fair from 10 a.m.- 4 p.m. at the fitness center.

Photo by David Ruderman

It's a wrap!

(At right) A USAG Livorno youth learns how mummies were made while attending an ancient Egyptian-themed Vacation Bible School Aug. 23-27 at Camp Darby.

Photo by Joyce Costello



Courtesy photo

Anna, daughter of U.S. Army Africa's Jason and Kathy Sepanic, spent the early spring collecting and cleaning new and gently used stuffed animals to donate to Caserma Ederle military police units. "The MPs then give the animals to children in emergencies to comfort them," explained 11-year-old Anna, a sixth grader at Vicenza Middle School. Anna is a member of Junior Girl Scout Troop 35 and launched the Teddy Bear Project earlier this year to earn her bronze scouting award. After collecting and refurbishing the stuffed animals, Anna handed them over to the MPs July 22 and will donate an additional 100 stuffed toys to a local charity.



Photo by Sgt. 1st Class Kyle Davis

Talking strategy: Col. Joseph Ingnoli (left), U.S. Army Reserve, and Lt. Col. Alfred Padden, Department of the Army, discuss issues on the sidelines of the Theater Army Security Cooperation Conference hosted by U.S. Army Africa at Caserma Ederle Aug. 23-27. Representatives from U.S. Africa Command, U.S. Army Africa and an array of Army commands and programs gathered for presentations by and discussions with embassy and country team personnel to coordinate Theater Security Cooperation activities over the next three years. Approximately 120 people participated.

Livorno Unit School students in first through eighth grade started the new school year Monday. New LUS Principal Dan Serfass encourages parents to become involved with their children's education by volunteering in the classrooms, mentoring, joining the PTA, SAC or Continuous School Improvement team.

Photo by Joyce Costello



New principal welcomes community, lauds talented, excited faculty

The faculty, staff and I welcome the students and parents as together we begin another fantastic school year at our wonderful Livorno Elementary and Middle School.

As the new principal, I am particularly excited and look forward to a successful year for each student.

The faculty and I want you to know that our enduring mission is to provide every student a challenging and rewarding educational experience and for each of them to continue to develop a love of learning.

Our desire is to accomplish this in a collaborative manner which embraces parent and community involvement. Together, we strive to continuously improve our practices and curriculum and to provide an optimal learning environment for your children. We want your children to flourish.

The faculty at the Livorno Unit School is a dynamic family of professionals. We are fully staffed with an outstanding team of teachers who possess multiple areas of certifications, experience, expertise, and passion, to

meet the needs of all of our children.

I have had the pleasure to meet our new faculty members and can say without hesitation that we are very fortunate to have them join us at Livorno Unit School. They possess the experience, skills, and background necessary to excel here as they have done in their previous schools.

Our returning professionals are extremely talented and equally excited to begin another year of serving your children.

Near the conclusion of last school year, our faculty devoted much time and effort into designing our programming for the 2010/2011 school year.

This includes multi-age classrooms, differentiated instruction and data-driven decision making, among other best practices of a 21st century education.

Decisions regarding teaching and classroom assignments were made with the best interests of our students in mind. Our collective endeavors reflect our desire to continuously improve and best serve your children's needs.

We invite each of you to be involved with your child's education. There are many opportunities to support our efforts including volunteering in the classroom, mentoring students, joining the Parent Teachers Association, the School Advisory Committee, or the Continuous School Improvement Team. Education works best when we all work together and collaborate on behalf of students. Again, together we can provide the best learning environment for your children. I look forward to getting to know each of you and your children.

Thank you to everyone who was able to meet the teachers and see the classrooms Thursday afternoon. As in previous years, we will schedule a "Community Partnership Day" later this month.

Our school newsletter with many details is forthcoming and will be posted to the school website, www.livoms.eu.dodea.edu.

DAN SERFASS
Livorno Unit Schools,
Principal

Trip to ancient Egypt builds spiritual growth

By Spc. TREY HARVEY
AFN Livorno

Attending school during summer vacation is a burden for many



Children dance and sing with at the opening day of Camp Darby's Vacation Bible School Aug 23.
Photo by Joyce Costello

youngsters.

Not so for 30 Camp Darby youth who said they enjoyed every minute of this year's Vacation Bible School. It was just fun in the sun and Egyptian-themed

creative activities that kept the students excited.

"Being spiritually fit is an important part of Soldier, Family and Civilian readiness," said Camp Darby Chaplain Capt. Paul Fritts. "Vacation Bible School is one small way in which Camp Darby's chapel program enhances spiritual fitness by getting everyone, from the kids and

their parents to our chapel volunteers, involved in promoting the overall well-being of our community."

VBS volunteer Kathryn Fritts, said she participated because it's an influential moment for children to embrace.

"It is a great way to get involved with other people, especially helping out the kids," said Fritts, "and it's a great way to meet people and give children experiences they will always remember."

"We made Egyptian necklaces, we had snacks, and we learned how to build pyramids, and we also learned that ... we all have special abilities," said Meilan Bargas, one of the children participating in VBS.

Call 633-7267 for more information on the chapel's religious education programs.

Darby Dates

Visit www.usag.livorno.army.mil

Texas Hold'em

Wanna get lucky? Come to the club Sept. 10 and try your luck. Free pasta for the players.

Call the Darby Community Center for more information at 633-7855.

Hot Salsa Night

Don't miss the big party of the summer. Come to Hot Salsa Nite Sept. 25 for Salsa and Latin music, complete with Latino dance demonstrations during the evening.

Tickets on sale now. Call the Darby Community Center for more information at 633-7855.

Spouse Deployment

Do you need to have a safe place to talk about your feelings and the stress you might have during this deployment?

Come to ACS Sept. 8. Call Army Community Service for more information at 633-7084.

Parent's Night Out

Parents, you deserve a break! Plan now to enjoy an evening out and leave the childcare to CYSS Sept. 24. Multiple child discount of 10 percent applies. Children must be registered by Sept. 21.

Call Parent Central Services for more information at 633-7681.

Personal Finance

This training consists of the principles of personal finance, planning and budgeting, banking and checking accounts, using credit wisely, insurance, savings and investing, making large purchases, consumer scams, getting help and much more.

Come and learn Sept. 9. Call Army Community Service for more information at 633-7084.

ITR Trips

■ Barberino Shopping Outlet: Over 95 stores of the finest designer names at reduced prices from 30-70 percent off. Shop until you drop Sept. 11. Call ITR for more information at 633-7589.

Religious activities

For details, call the chapel at 633-7267 (050-54-7267)

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass

11:15 a.m.: Protestant worship

10 a.m.: Protestant Sunday school

11:15 a.m.: Catholic CCD



La Rua Parade: Saturday in Vicenza. This 1000-person parade departs from Piazza Duomo at 9 p.m. and arrives to Piazza dei Signori at 10 p.m., at which time the lighting ceremony of the historical wooden tower, the symbol of Vicenza, will take place. "Rua" means "wheel," originally the insignia of Vicentine notaries. The festival of La Rua commemorates an ancient victory of Vicenza over its Paduan rulers in the 13th century. Visitors can admire the Rua in Piazza dei Signori through Sept. 26.

east of Vicenza.

Food booths will feature local fish specialties and open at 7 p.m. Live music and dancing starting at 9 p.m. Fireworks on Wednesday at 11:30 p.m.

Fish Festival: Friday–Monday, in Costabissara, Via Monte Grappa, about seven miles northwest of Vicenza.

Food booths featuring local fish specialties and DOC wines open at 7 p.m. Live music and dancing starting at 9 p.m.

Antique and Collectors Market: Saturday, 9 a.m.–7 p.m., Thiene, in Piazza Chilesotti and Corso Garibaldi, about 18 miles north of Vicenza.

Sporting events

MotoGP Misano: Sept. 3-5 in Misano Adriatico, Rimini

Red Bull X-Fighters World Tour – International freestyle motocross: Oct. 1 in Rome, Stadio dei Mari.

Formula 1 Italian Grand Prix: Sept. 10-12 in Monza.

Skate Awards: Oct. 9 in Torino, Palavola.

Wrestling Raw World Tour: Nov. 13 in Assago (Milan), Mediolanum Forum.

For info in English and tickets, visit <http://www.ticketone.it/EN/>.

ODR trips

There is much to choose from over the Labor Day weekend with ODR. Hike the 52 tunnels of Pasubio or join Bike Maintenance Class Saturday, watch the historic Regatta in Venice Sunday, join the local mountain bike ride on Monday or head to Lake Garda for a wakeboard and beach day.

Check out more trips online at VicenzaMWR.com. To enroll, visit <https://webtrac.mwr.army.mil/webtrac/Vicenzaretract.html>.

Local festivals & shows

The Blessed Virgin of Monte Berico celebration is Sept. 8. This is Vicenza's patron saint. City offices and most of the stores and will be closed.

Carnival Rides: through Sept. 19 in Vicenza, Campo Marzo. Monday–Friday 4 p.m. – midnight; Saturdays and Sundays 3 p.m.–12:30 p.m.; Sept. 8 will be open 9 a.m. 12:30 p.m.

Craft fair and sale: Saturday through Wednesday in Vicenza, Piazza Castello.

"Artisti a cielo aperto" – Free local artists' painting exhibition: Saturday and Sunday, 9 a.m.–8 p.m., in Vicenza, Strada San Pietro.

Saint Andrea Festival: through Sunday in Vicenza, Via Pizzocarro 49. Live music and entertainment.

Night of Music and Magic: Monday, 9 p.m. in Vicenza, Monte Berico, Piazzale della Vittoria. Enjoy free live music and a delightful view of the city.

Fiera del Soco, or Tree Trunk Fair: Sept. 10-16 in Grisignano, about 14 miles southeast of Vicenza.

It's a large annual market with hundreds of booths, exhibitions, and carnival rides. This year there will be an antique market, medieval games, jesters, fire-eaters and stilt walkers.

Other attractions include scenic helicopter flights and free sky diving exhibition. More details will be published in the Sept. 9 Outlook.

Live Chess Game: Sept. 10-12 in Marostica, Piazza degli Scacchi, about 18 miles north of Vicenza.

This live game commemorates the historic chess match of 1454. Pink and white marble slabs are imbedded in the center of Piazza Castello to form the chess board.

The chess pieces are live persons

who move across the board. The bi-annual game re-enacts the match Lord Taddeo Parisio held to determine which of the two noblemen who were in love with his daughter would take her hand in marriage.

As it took place nearly 600 years ago, a grand festival will be held with parades, flag throwers, fireworks and feast. The show boasts more than 500 costumed players.

Seating is limited. Tickets for the following shows should be purchased well in advance:

■ Friday: 9 p.m. Tickets: €60 – central stand; €50 – side stand; €30 bleachers;

■ Saturday: 9 p.m. Tickets: €80 – central stand; €70 – side stand; €40 bleachers;

■ Sunday: 5 p.m. Tickets: €25 – central stand; €20 – side stand; €10 bleachers;

■ Sunday: 9 p.m. Tickets: €60 – central stand; €45 – side stand; €20 bleachers.

For more details in English and to purchase your tickets online, visit www.marosticascacchi.it.

Ceramic Festival: Saturday and Sunday in Nove, Piazza G. de Fabris, about 18 miles north of Vicenza. This is the 13th edition of the "Open Gates" event: local artists will show the visitors artistic ceramic techniques, from the working with pottery's wheel to the modeling of ceramic and ceramic painting.

Special admission fee (€2) to the Ceramic museum (9 a.m.–1 p.m. & 3-8 p.m.) Free visits to the Machiavello-Carlesso Villa, Via Olmo, 9.

■ Saturday: 10 a.m. – 10 p.m. beginning of event Open Gates, exhibition and practical demonstrations; "Play with art" workshops for children; 10 a.m.–noon & 4- 7 p.m. free visit to the Antique Ceramic Factory in Via Rivarotta, 116 – Bassano del Grappa; noon-2 p.m. food booths

in Piazza G. De Fabris, Nove.

■ Sunday: 10 a.m.–10 p.m. Cucari Veneti exhibition and practical demonstrations; "Play with art" workshops for children; 9 a.m.–9 p.m. antique and modern ceramics exhibit and sale; 10-11 a.m. free guided visits to the European oldest mill for ceramics, Via Munari, Nove; 10 a.m., noon, 3 p.m. and 5 p.m. free guided visits to the Astronomical Observatory G. Toaldo, Via Nodari 13; 10 a.m.–noon & 4- 7 p.m. free visit to the Antique Ceramic Factory in Via Rivarotta, 116 – Bassano del Grappa; noon-2 p.m. & 7-10 p.m. food booths in Piazza G. De Fabris, Nove; 6 p.m. Live Nove's band concert in Piazzetta del Museo, Nove; 8 p.m. live music with the Tequila Band in Piazza G. De Fabris.

Medieval Festival: Saturday and Sunday in Montagnana, about 27 miles south of Vicenza.

The annual historic celebration will include the participation of 10 of the town's boroughs and a costumed horserace or Palio dei Dieci Comuni.

■ Friday: 7 p.m. food booths open; 8:30 pm. medieval dinner at the Taverna Guelfi e Ghibellini, Piazza Vittorio Emanuele II. A typical medieval party and dinner with ladies and sirs, knights and jesters. Cost is €22. Reserve your seat by calling 333-4934978. For help, call Anna Terracino at 634-7169 or e-mail anna.terracino@eur.army.mil.

■ Saturday: at noon food booths and sampling of typical medieval dishes; Craft and Hobby exhibit and sale on Via Matteotti and Via Carrarese; 9:30 p.m., in Vallo della Rocca degli Alberi. Reenactment of the 1242 battle and the burning of the Castle, which commemorates Ezzelino da Romano's revenge against the village of Montagnana.

■ Sunday: 10 a.m. Old trades fair and craft and hobby market in Via Matteotti and in Via

Carrarese; 3 p.m. historical parade; 4 p.m. medieval musicians and flag throwers shows; horse race (Palio) and award ceremony.

Gnocco Festival: Saturday to Sunday & Wednesday, in Selva di Trissino, about 18 miles west of Vicenza.

■ Saturday: 6-10:30 p.m. food booths featuring a variety of gnocchi dishes and other typical dishes and local wines; 9 p.m. live country rock music with the Stypsi Band.

■ Sunday: noon-9 p.m. local products exhibit and market; noon-3 p.m. & 6-10:30 p.m. food booths; 9 p.m. acrobatic rock'n'roll and dance show performed by the Acrobatic Rock Dance Italian championship team.

■ Wednesday: 9:30 a.m-9 p.m. local products exhibit and market. 6-10:30 p.m. food booths; 9 p.m. Belly Dance Show.

Baccalà (dried cod fish) Festival: Friday – Wednesday, in Gaianigo di Gazzo, about 10 miles

Now Showing



Ederle Theater

Thursday	The A-Team (PG-13)	6 p.m.
Friday	Grown Ups (PG-13) Knight & Day (PG-13)	6 p.m. 9 p.m.
Sat.	Takers (PG-13) Grown Ups (PG-13)	3 p.m. 6 p.m.
Sun.	Takers (PG-13) Knight & Day (PG)	3 p.m. 6 p.m.
Wed.	Grown Ups (PG-13)	6 p.m.
Sept. 9	Knight & Day (PG-13)	6 p.m.

Camp Darby Theater

Friday	Grown Ups (PG-13)	6 p.m.
Saturday	The Expendables (R)	6 p.m.
Sunday	Knight & Day (PG)	1 p.m.
Sept. 9	The Expendables (R)	6 p.m.

Admission: Age 12 and up \$4, under 12, \$2. The Ederle theater box office opens one hour prior to show.

View **MOVIE TRAILERS** and schedule online at <http://www.aafes.com/ems/euro/vicenza.htm> or <http://www.aafes.com/ems/euro/livorno.htm>.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com

Protestant Women of Chapel Fall Kick Off

Protestant Women of the Chapel invites community members to the PWOC Fall Kick Off Tuesday, at 9:15 a.m. at the post chapel.

The guest speaker is Leslie Jarrow of Stuttgart, Germany. She will be speaking on "Love, the Key to Unity."

The PWOC will also have brunch and sign-ups for Bible studies.

The Wednesday evening Bible study will begin Sept. 15 at 5:30 p.m. Tamela Johnston will be speaking on "Shining His Light Through Intentional Relationships."

For information, visit the PWOC Vicenza Facebook page.

Health Center holiday hours

The U.S. Army Health Center Vicenza will be closed for patient care Friday and Monday. It will be open Saturday from 9 a.m.-1p.m.

For urgent concerns when the clinic is closed, or for medical emergencies at any time, go to the nearest hospital or patients may go directly to the San Bortolo Hospital Emergency Room.

Patient liaisons may be reached at 0444-75-3300, 0444-92-8166 (DSN 634-8384).

Pregnant patients with any concerns can call the Benincaso Mother and Infant Pavilion at 0444-71-6667 (DSN 634-6667).

To request an ambulance, call 118 from off-post, or 99-118 from any DSN phone on post.

To make an appointment online, register at tricareonline.com.

The **24-hour nurse advice line** is available 24x7 at 800-877-6660. Call toll-free to speak with a registered nurse about health concerns.

For any **comments or concerns**, call the clinic patient representative at 0444-71-7952 (DSN 634-7952) or e-mail VZHCPatRep@amedd.army.mil.

Community invited to Donut Dash

Sports Fitness and Aquatic will host the "Donut Dash" and is encouraging community members to participate.

For each donut a participant eats prior to the race they will get a minute taken off their finishing time.

Participants can eat a maximum of five donuts or none at all. Registration ends Sept. 10 for this event. Special awards will be given in each category. Donut eating begins at 10 a.m. and the race begins at 10:05 a.m. the first person to register will receive a free T-shirt.

Central Texas seeking instructors

Central Texas College is looking for instructors. CTC has a special need for automotive technology instructors and legal assistant instructors and all qualified candidates are welcome.

For more information, visit the Education Center at Bldg. 958,

call 634- 6514 or e-mail vicenza@europe.ctcd.edu.

The following CTC courses will be offered:

■ **(Criminal Justice)** CJSA 1327-Fundamentals of Criminal Law from Oct. 5-Dec. 7, Tues.-Thurs., 6-9 p.m.;

■ **(Applied Management/Military Science)** MTMS 1170-Military Science 1 from Nov. 2-16, Tues., Wed., Thurs., 5:30-8:30 p.m.

■ **(Early Childhood Professions)** CDEC 1301 Families Schools and Communities from Oct. 9-23 October, Saturdays 9 a.m.-6 p.m.

■ **(Emergency Medical Technology EMT- B)** EMSP 1402/ 1160 Emergency Medical Technician from Oct. 4- Nov. 20 Weeks 1, 3, 5, 7 Mon.-Fri., 5:30-9 p.m. Sat. 8 a.m.-2 p.m.; Weeks 2, 4, 6 Mon.-Thu. 5:30- 8:30 p.m.

USO Italian class

The USO is sponsoring a beginner's Italian language class that starts Tuesday and takes place every Tuesday, 5:30-7:30 p.m. through Oct. 26.

Classes will be held at the USAG Vicenza Education Center, Room 110.

Sign up now for one of the 24 available class seats. Cost is \$146 and includes eight weeks of instruction and the textbook.

Pay by cash or check. Visit the USO, Bldg. 9A, across the street from the DFAC. Call 634-8146 for more information.

MOMS Club events

■ Thursday: Board Meeting, 10 a.m.

■ Friday: Walk the Track 10 a.m.

■ Sept. 15: Pre-school Playgroup 4 p.m.

■ Sept. 17: Walk the Track 10 am; Mom's Night Out 7 p.m.

■ Sept. 18: MOMS Club Garage Sale 10 a.m.-noon at the Teen Center Gym

■ Sept. 20: Book Club 10:30 a.m.; Lunch Playdate 11:15 a.m.

■ Sept. 21: Membership Drive 10:30-12:30 p.m. at the PX

■ Sept. 22: Membership Drive 10:30-12:30 p.m. at the PX

■ Sept. 23: Membership Drive 10:30-12:30; Infant Playgroup 10 a.m.; Bunco 7 p.m.

■ Sept. 24: Walk the Track 10 a.m.

■ Sept. 27: MOMS Club Kick Off Meeting 10 a.m.

E-mail momsclubofvicenza@yahoo.com for more information.

Registration office closed for holiday

The installation's motor vehicle registration office, next to the Torri Warehouse will be closed Sept. 6-8 due to American and local holidays. The office will resume normal hours Sept. 9 at 9 a.m.

Job openings

Would you like to teach MBA students? If you are eligible to work in the U.S., have an ID card that gives you access to post and have at least a masters degree in a business or education discipline, you may be able to teach for the University of Phoenix at Caserma Ederle.

E-mail Dr. Bruce Hoag at b.hoag@p-advantage.com.

Operation Rising Star tryouts Thursday

It's time to shine at the 2010 Operation Rising Star Competition at the Arena. Tryouts have been extended to Thursday, beginning at 7:30 p.m.

Vicenza's first place winner will receive \$500 and will advance to the 2010 finals; 2nd place will receive \$250 and 3rd place \$100.

The first 25 applicants will receive an Operation Rising Star T-shirt on the night of tryouts. Sign up now at the Arena, and be a part of Operation Rising Star Competition.

Complete rules are available at <http://www.vicenzamwr.com/pdfs/Arena/ORS%20Application%20and%20Contest%20Rules>.

Army Life 101

Learn about Army life and how to maneuver through daily challenges by discovering how to decipher Army acronyms, utilize Community Resources, attain better financial readiness and understand the goal and impact of the Army mission on daily life Sept. 8-9 and 8:30 a.m.-2:30 p.m. during the AFTB Level I, "Surviving and Thriving in the Army" course.

Call Army Community Service at 634-7500 for information.

One-stop shopping

Stop by the Super Sign-up Fair Wednesday from 11 a.m.-4 p.m. at the fitness center basketball court.

You'll find a "one-stop-shop" for information from agencies and sign-ups for all your favorite activities on post.

For a list of participating agencies and organizations, visit vicenzaMWR.com.

Community Calendar Highlights

Thursday: First Day of School

Sept. 3-6: USAREUR Training Holiday

Sept. 6: Labor Day Italian Day of Rest

Sept. 7: Italian Day of Rest (Vicenza Only)

Sept. 8: Italian Holiday

Sept. 10: First Day of Kindergarten

Sept. 10: DoDDS ribbon cutting at Villaggio elementary and middle schools at 10 a.m.



Photo by Capt. Mickey West

Ciao to the chief: U.S. Army Africa Commander Maj. Gen. David R. Hogg shakes hands with a toddler at the installation's fire department during the Directorate of Emergency Services' annual organization day barbecue Friday. Hogg stopped by to greet and thank DES employees and their families for their service and continued support to the Caserma Ederle community.

Religious activities

Chaplain Crisis Line

To speak with a chaplain after hours, call **634-KARE** (634-5273).

Sunday services

8 a.m.: Sacrament of Reconciliation, or by appointment

9 a.m.: Roman Catholic Mass

(Daily Mass is held weekdays at noon)

9 a.m.: Protestant Sunday school and AWANAs (September-May at Vicenza High School)

10:45 a.m.: Catholic religious education (September-May at Vicenza High School)

11 a.m.: Protestant worship

1:30 p.m.: Full Gospel Pentecostal worship

5 p.m.: Contemporary Christian service

Mondays

Noon: LDS scripture study

Tuesdays

9:15 a.m.: Protestant Women of the Chapel

Wednesdays

3 p.m.: Praise dance practice

3:30 p.m.: Middle School Club Beyond meets in VHS cafeteria September-May

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC Bible study. Dinner provided. No child care.

5:30 p.m.: High School Club Beyond meets at the Teen Center September-May. Call 340-139-4073 for information.

5:30 p.m.: Catholic choir practice

6:45 p.m.: Gospel choir practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Call 634-7519 (0444-71-7519) for info

Latter Day Saints: Scripture study held Mondays, noon-1 p.m. at chapel. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Call Chance Wilson at 327-869-8107.

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for religious activities information.

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon on Monday, or by 4 p.m Friday if Monday is a holiday.

Civilian Fitness kicks off Sept. 16

USAG V Health Promotion

USAG Vicenza Health Promotion is starting its next round of the Civilian Fitness Program.

Like the Army's focus on maintaining physical fitness among its Soldiers, the Civilian Fitness Program will help improve morale, relieve stress and minimize health risks, according to officials.

The voluntary program, which allows civilian employees to be excused from work for three one-hour sessions a week for up to six months, will kick off Sept. 16.

"If we're not stressed out at work we'll be more productive and we'll feel better," said Mary Yandura, LMSW, Health Promotion Officer. "Staying fit increases work performance and decreases the chance of illness or injury."

"It's really intended to establish a foundation for the employee," said Yandura. "The program is a one-time opportunity to get people started and, hopefully, encourage them to continue on with making exercise a priority in their lifestyle choices."

Civilian employees must coordinate their fitness program times with their supervisors. Exercise periods can be

combined with employees' breaks or lunch periods.

Unused exercise hours may not be carried forward to subsequent weeks. Supervisors are encouraged to allow employees to adjust their work schedules to permit training and exercise where possible considering the workload and mission.

Initial assessments will be by appointment only Sept. 16 from 8-11 a.m. or Sept. 21 from 1-4 p.m. at the Army Wellness Center.

For more information, contact Yandura at 634-8828, CIV 0444-71-8828 or mary.yandura@eur.army.mil.

Sports Shorts

Calibrate with the Army Wellness Center

Metabolic Testing: Through this simple 10-minute test you will learn how many calories you should eat daily to assist you in reaching your goals.

The Army Wellness Center will give you a meal plan specific to your resting metabolic rate and a dietary exchange list during the weekly "Upping Your Metabolism" class.

Fitness Testing: During this one-hour appointment, we will assess your baseline fitness levels for body composition, strength, cardiovascular fitness, and flexibility. Health educators will help you set realistic goals and motivate you along the way.

Stress Management: Enjoy a 30-minute appointment in our state-of-the-art massage chair while our Biofeedback software analyzes your heart rhythms. Learn techniques to help you relax and manage stress in a comfortable environment.

Call 634-8186 or CIV 0444-71-8186 to make an appointment.

Soccer coaches needed

CYSS Soccer season is right around the corner and coaches are needed for the teams. CYSS is looking for volunteers who want to have fun, enjoy working with youth and want to contribute their time to make a difference in the Vicenza community.

If interested, contact Sky Clarke or Nicole Fulbright at 634-651 or nicole.fulbright@eur.army.mil or sky.clarke@eur.army.mil.

High school sports

Fall Sports has kicked off. All athletes must have a physical and a school's power of attorney before they can practice. Stop by the high school office for more information.

Donut Dash

See how many donuts you can eat in five minutes, then have one minute knocked off your final race time for each donut (up to five). Registration continues through Sept. 10.

For race details, visit VicenzaMWR.com or inquire at the fitness center. Free T-shirt to the first 150 registrants. Go green and bring your own water bottle. Race day is Sept 18.

Volunteer opportunities

Interested in being a volunteer? Become a coach for CYSS Sports & Fitness.

Call 634-6151 for more information.

CYSS EDGE! completes 1 year of fitness programs

USAG Vicenza CYSS

First Lady Michelle Obama launched a nationwide campaign in February to fight childhood obesity, part of her effort to teach America's children about better nutrition and exercise.

Obama said that the "Let's Move" campaign will encourage more physical activity for children, healthier food in schools and more accurate food labeling.

The local CYSS EDGE! program has recently completed one year of fitness programs emphasizing fitness techniques and proper weight training at the post fitness center.

"Overall, in summer everyone tested improved on their fitness performance," said fitness instructor Sarah Mildfeld. Participants were tested in a one mile run, push-ups, sit-ups, and flexibility," said Edge! Manager Tom Hlavacek. "Seventh grader Quinton Wieber improved his mile run by 39 seconds. In his initial assessment Wieber ran a mile in 8:36. On the final he was clocked at 7:45.

"Ninth grader Anthony Samuel improved on his sit-ups going from 30 to 42 in one minute," said Hlavacek. "Another 9th grader, Peter Perry, improved his push-up totals from 39



Photo by Laura Kreider

(From left) Peter Perry, Quinton Wieber, Anthony Delacruz (CY assistant) and Anthony Samuel play basketball near the post fitness center at the end of the summer session of fit EDGE! Aug. 24.

to 47 in one minute. Wieber and Perry aspire to be ice hockey players in the future."

Hlavacek said Deonte Dennis, a junior transfer student, enrolled in the program to get in shape for the football varsity program. "His family had just PCS'd to Vicenza from Killeen, Texas and it helped him to adjust to Vicenza by meeting other student-athletes who had

common interests—playing football."

Thirty-nine participants were enrolled in the summer 2010 program. That's up from 14 participants last year.

The fall CYSS EDGE! Fitness program kicked off Wednesday and will be conducted Monday to Wednesdays and Fridays from 3:15 TO 4:45 p.m.

Enroll and register at Parent Central Services.



Practice makes perfect

Practice is in full swing for the Vicenza High School girls volleyball team. The girls practice daily from 3-5 p.m. Stop by the high school or call 634-7656 / 7072 CIV 0444-71-7656 / 7072 for a list of school sports and clubs that are available.

Photo by Laura Kreider

SOLDIERS & CIVILIANS COMMUNITY UNIT/REC OPEN PLAY SPORTS

Recreational Softball Stats and Results:

Team	Win	Loss
USARAF	6	2
HHC USAG-V	6	3
STICKS & SKULLS	2	4
AFNS/DODDS	3	4
704 MUNSS	3	7

Flag Football Stats and Results:

Team	Win	Loss
USARAF	0	1
HHC USAG-V/509th	1	0
Health Clinic	1	0
14th Trans.	0	1

Aug. 26

HHC USAG /509th Sig. (18) vs. USARAF (15)
Health Clinic (22) vs. 14th Trans. (18)